

Secondary Menu Week 1



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Fish Fingers with Herby Diced Potatoes, Grated Carrots, Tomato & Cucumber Chunks	Beef Lasagne with a Garlic Slice & Shredded Iceberg Lettuce	Chicken Korma on a Mixed Grain Rice with Naan Bread Slice & Mango Chutney	Hot Shredded Gammon in a Bap with Mini Mid Potatoes, Micro Pea Shoots & Mixed Peppers	Baked Fillet of Fish or Baked Pork Sausage with Chips and Peas or Beans £2.50
VEGETARIAN CHOICE	Vegetable Quarterpounder with Herby Diced Potatoes, Grated Carrots, Tomato & Cucumber Chunks	Tomato Pasta with a Garlic Slice & Shredded Iceberg Lettuce	Sweet Potato, Spinach & Chickpea Curry on a Mixed Grain Rice with Naan Bread Slice & Mango Chutney	Cheese & Tomato Quiche with Mini Mid Potatoes, Micro Pea Shoots & Mixed Peppers	Vegetable Sausage with Chips and Peas or Beans £2.40
BAKED POTATOES	Plain with butter £1.10 Jacket & Beans £1.50	Plain with butter £1.10 Jacket & Beans £1.50	Plain with Butter £1.10 Jacket & Beans £1.50	Plain with butter £1.10 Jacket & Beans £1.50	Plain with butter £1.10 Jacket & Beans £1.50
GRAB 'N' GO ALLERGENS: Please see display	Chicken Tikka & Rice £1.80 OR Assorted Paninis £1.60 to £1.80	Chicken Korma & Rice £1.80 OR Assorted Paninis £1.60 to £1.80	Chicken Curry & Rice £1.80 OR Assorted Paninis £1.60 to £1.80	Pasta Basilico £1.80 Assorted Paninis £1.60 to £1.80	Chicken Bites & Chips £1.60
TODAY'S DESSERT	Iced Vanilla Sponge Finger	Assorted Melon Chunks & Sliced Grapes	Reduced Sugar Belgian Waffles with Sliced Grapes & Sauce	Homemade Cheesecake & Peach Slices	Ice Cream Tub £1.20

*** PLEASE NOTE THAT MENU ITEMS MAY NEED TO BE CHANGED WITHOUT NOTICE ***